

## **Determination of Polynuclear Aromatic Hydrocarbons in Water and Sediment of River Benue in Makurdi Metropolis, Nigeria**

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### **Authors' contributions**

*This work was carried out in collaboration between all authors. Authors MIA and SMT designed the study, performed the statistical analysis, wrote the protocol and wrote the first draft of the manuscript.*

*Authors KAB and SM managed the analyses of the study. Authors AUI and STY managed the literature searches. All authors read and approved the final manuscript.*

### **Article Information**

DOI: 10.9734/CSJI/2018/38267

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Complete Peer review History: <http://www.sciencedomain.org/review-history/24058>

**Original Research Article**

**Received 20<sup>th</sup> November 2017**

**Accepted 3<sup>rd</sup> March 2018**

**Published 9<sup>th</sup> April 2018**

### **ABSTRACT**

Polynuclear Aromatic Hydrocarbons (PAHs) were investigated in water and sediment samples from River Benue in Makurdi metropolis. Samples of water and sediment were collected from 6 sites in River Benue during the dry season. The samples were extracted using liquid-liquid extraction and soxhlet extraction methods respectively and analyzed for acenaphthene, fluoranthene, 2-methynaphthalene and naphthalene using gas chromatography coupled to mass spectrometry (GC-MS). The results showed that the samples contained very low concentrations of these PAHs (concentrations varied from 0.06 to 8.02 ppb). So, there was little or no threat to fish, wildlife or

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humans, based on low concentrations determined in the samples but accumulation over time may pose a health risk. Their sources were thought to be natural and anthropogenic, and the varied concentrations at the various points were due to different activities at those points.

**Keywords:** Polynuclear aromatic hydrocarbons; River Benue; concentration; sediment; pyrolysis; mutagenic.

## 1. INTRODUCTION

Polynuclear Aromatic Hydrocarbons (PAHs) are among the major groups of persistent organic pollutants for the environment. They are also known as polycyclic aromatic hydrocarbons. They are widespread and detected in various media, including air, water, food, soil, sediment, industrial effluents, tissues of animals or humans [1-2]. They consist two or more fused benzene rings in a linear or cluster arrangement, with complex chemicals including carbon and hydrogen [3]. Their concentration in water is low due to their lipophilic property. They exhibit high affinity for suspended particulates in water and they eventually settled out of the water column unto the bottom sediments [4].

Generally, PAHs exist as colourless, white or pale yellow-green solids with faint pleasant odour [5]. They occur as complex mixtures under natural and synthesized forms. Based on their formation mechanisms, they are divided into two different categories: pyrolytic and petrogenic forms. Petrogenic PAHs represent their natural forms while pyrolytic PAHs come from incomplete combustion or pyrolysis of organic matter [6-7], crude oil and its products [8].

Over the years, due to development and the increase of human activities, different sources of PAH contamination have been linked to polluted soil, air and water [9]. Some aquatic food products such as fish, can be exposed to PAHs present in water and sediments and the PAH content greatly depends on the ability of the aquatic organisms to metabolize them [10].

There are many types of PAHs, among which are pyrene, fluorine, naphthalene, 2-methylnaphthalene, acenaphthene, fluoranthene. Naphthalene is a crystalline, white solid with formula  $C_{10}H_8$  and a structure of two fused benzene rings. It is known as the traditional or primary ingredient of mothballs. Naphthalene is volatile, forms a flammable vapour and readily sublimates at room temperature thus producing a characteristic odour that is detectable at ultra-trace concentrations. Exposure to large amounts of naphthalene causes skin and eyes irritation,

cataracts, headache, vomiting, diarrhea, etc. and may damage red blood cells. 2-Methylnaphthalene is also called beta methyl-naphthalene, is a solid substance like naphthalene. It is an alkylated naphthalene with one methyl group attached and it is a skin, eye and respiratory irritant [11-12].

Acenaphthene is made up of naphthalene and ethylene which is connected at positions 1 and 8. It is a constituent of coal tar and has the formula  $C_{10}H_{12}$  and it has three fused rings [13]. Physiologic effects of acenaphthene include irritation of the skin and eyes, it causes mucous membranes and if swallowed in large quantities may cause acute vomiting [14-15]. Fluoranthene is a high molecular weight and an US-EPA Priority Pollutant. Fluoranthene is made up of naphthalene and benzene unit in a four-membered ring with a molecular formula  $C_{16}H_{10}$ . It is found in many combustion products, along with other PAHs. Its presence is an indicator of less efficient burning temperature and has also been isolated from coal tar pitch [16]. Among the higher molecular weight PAHs, fluoranthene is not classified as cancer causing PAH but can cause mutation in human [17].

Like other PAHs, Naphthalene, 2-methylnaphthalene, acenaphthene and fluoranthene are readily metabolized in humans and most animals, therefore less bioaccumulative [18], however, the little-accumulated concentration could be health threatening. Their occurrence raises major concerns for human health, even at trace concentration. They are known to be carcinogenic, mutagenic, teratogenic and can cause other health problems in humans, wildlife and aquatic beings [19-22].

Environmental monitoring studies which include pesticide residues and trace metals within the study area have been reported respectively by Ogah et al. [23] and Akaahan et al. [24]. Some other environmental studies have been carried out to determine the level of contamination of the river, but there is no information concerning PAHs in the river in the Makurdi metropolis. Thus, this study was carried out to determine the

levels of PAHs in water and sediment of River Benue.

## 2. MATERIALS AND METHODS

### 2.1 Study Area

River Benue, the second largest river in Nigeria, serves as the major source of municipal water supplies for towns and villages along its course. The sources of pollution in the river among others include industrial and municipal wastes. Situated along the river are Benue Brewery Limited (BBL) and Nigeria Bottling Company (NBC), Benue State University zoological garden, Wurukum abattoir and Wadata market, with various activities that can pollute the river in one way or the other. These activities and possible natural sources of pollution in the river body, therefore, call for various analyses of the water and sediment of the said river since the water from the river is used by some inhabitants of the location for domestic and industrial purposes. The fishes and other aquatic organisms from the river that are regularly made available to the public by the fishermen equally make it necessary to characterize and know the pollution level of the river [25-26]. A map illustrating the study area is presented in Fig. 1.

### 2.2 Samples Collection, Treatment and Conservation

The samples were collected from River Benue starting from Benue brewery bank to Wadata market bank in Makurdi metropolis. The river was

divided into 6 sampling points based on the major activities going on along its banks. These points were: Benue brewery (R<sub>1</sub>), BSU zoo (R<sub>2</sub>), Wurukum abattoir (R<sub>3</sub>), St. Joseph Technical College (R<sub>4</sub>), NASME Barracks (R<sub>5</sub>) and Wadata market abattoir (R<sub>6</sub>). Composite water samples were collected downstream in the river between the depth of 1-5 cm below the surface at both banks and middle of the river at each point into thoroughly washed amber bottles. pH and temperature of the water samples were measured immediately as collected, 5 mL nitric acid was then added to each sample to prevent degradation of analytes in the samples and stored below 4°C in a cooler [27]. Sediment samples were collected at benthic (0 – 2 cm) at the same points the water samples were collected in thoroughly washed amber bottles and stored below 4°C in a cooler [28]. The water samples were immediately stored below 4°C in a freezer while the sediment samples were oven dried at 150°C to 200°C for about 30 min, homogenized, sieved through a mesh of 1 mm to remove stones and other debris and stored at -20°C in a freezer in the laboratory [27-28]. Mm

### 2.3 Determination of Percentage Organic Carbon

The organic matter analysis of sediment samples was carried out using Loss-on-Ignition (LOI) method. A representative sample of the sediment (4 g) was positioned in a clean, dry crucible of known mass with its lid securely in placed. The mass of the crucible and sample was determined

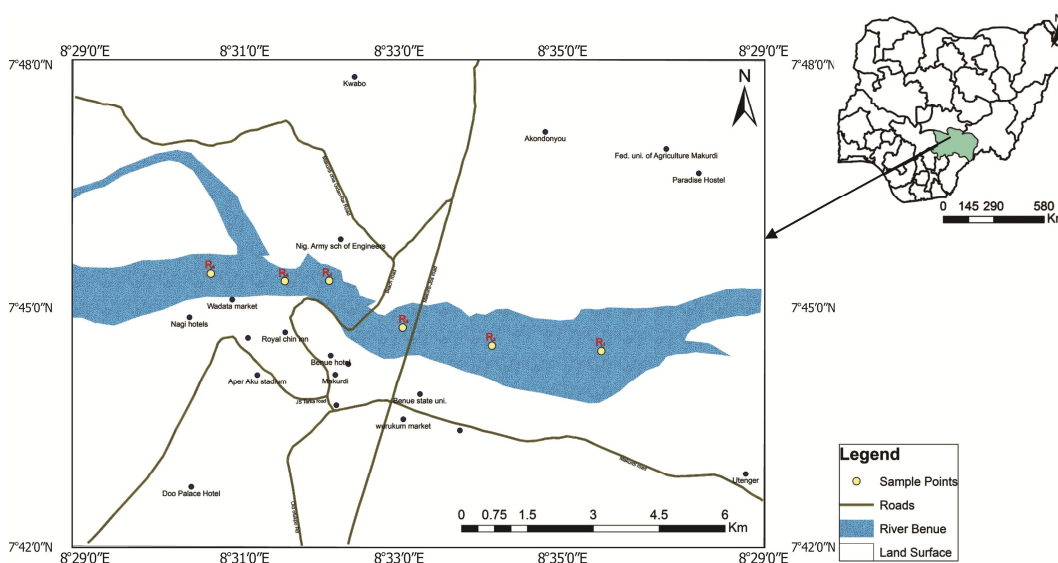


Fig. 1. River Benue in Makurdi metropolis showing the sampling sites

using a weighing balance. Thereafter, the lid was removed and the crucible was placed in an oven maintained at 550°C for 6 hrs. The crucible was transferred to evaporating dish containing silica gel as the drying agent to obtain a constant weight. The mass of the crucible and dried sample was measured. The % organic matter of the sediment was calculated using the following expression:

$$\begin{aligned} \% \text{ Organic Matter} &= \frac{\text{moist soil} - \text{dry soil}}{\text{moist soil}} \\ &\times 100 \end{aligned} \quad (1)$$

## 2.4 Extraction of Samples

Exactly 150 mL water sample was transferred into a 250 mL separating funnel, and 9 mL of dichloromethane was added. The separating funnel was shaken for a period of 2 min, and the organic layer was separated and collected in a 50 mL flat-bottomed flask containing 2 g of anhydrous sodium sulfate. The extraction step was repeated twice, and the extracts were combined and concentrated to a volume of approximately 1 mL using a rotary evaporator then transferred into 5 mL vial, wrapped with foil and stored below 4°C [29].

Exactly 10 g of each sediment sample was extracted for 2 hours with soxhlet apparatus, using 250 mL acetone and methanol mixture (1:1). The extracts were concentrated to about 5 mL using rotary evaporator and purified by silica gel column chromatography. Each extract was

loaded onto the column and eluted with 10 mL dichloromethane. The first 1.0 mL of eluate was discarded, about 5 mL were collected into vials, rapped with aluminum foil and kept in the refrigerator until instrumental analysis [30-32].

## 2.5 GC-MS Conditioning

An Agilent Technologies GC-MS comprises of 7890A gas chromatography and MS 5975C mass spectrometer detector was used in this study. The instrument comprises a column thickness of 0.25 µm and Helium as carrier gas at the rate of 1 mL/min. temperature programme of initial temperature at 60°C hold for 0.5 min then ramp to 240°C at the rate of 10°C/min to the final temperature at 300°C hold for 6 min.

## 2.6 Characterization of Samples

PAHs in samples were identified and quantified using gas chromatograph coupled with mass spectrometer [33]. A standard containing 100 ppm each of naphthalene, 2-methynaphthalene, acenaphthene and fluoranthene was used to calibrate the instrument and the chromatogram of this is shown in Fig. 1. The limit of detection of the instrument was 0.06 ppb for naphthalene, 0.45 ppb for 2-methylnaphthalene, 0.12 ppb for acenaphthene and 0.06 ppb for fluoranthene. The chromatogram of standard used to calibration of the instrument is presented in Fig. 2.

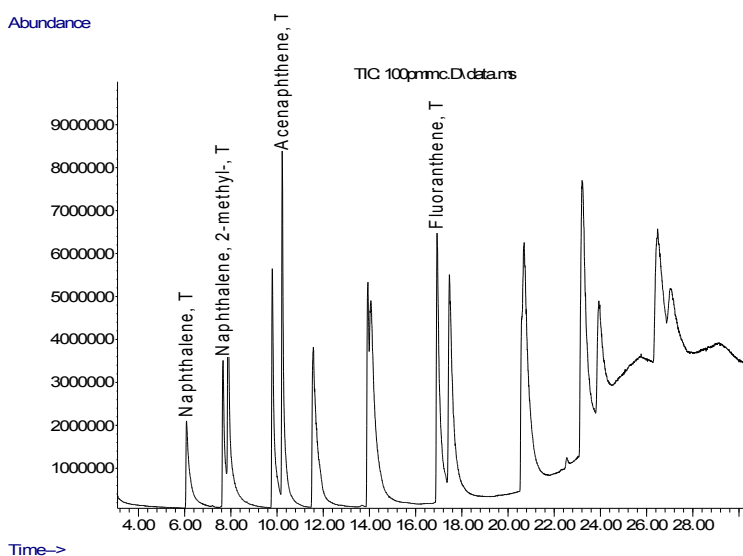


Fig. 2. Chromatogram of standard used to calibration of the instrument

## 2.7 Statistical Analyses

Mean and standard deviation were used as data treatment. One-way analysis of variance (ANOVA) of the resulting PAHs concentrations and their maximum allowable concentrations in sediment and water was carried out using SPSS at 0.05 level of significance [34]. LOD was calculated as follow using concentration of the blank sample run.

$$LOD = \frac{3s_b}{a} \quad (2)$$

Where  $s_b$  stands for the standard deviation of the blanks and  $a$  is the slope of the calibration curve

## 3. RESULTS AND DISCUSSION

### 3.1 pH and Temperature

Table 1 presents the pH and the temperature of River Benue water. The study revealed that the water was slightly above neutral. This suggested that PAHs in the river could be optimally biodegradable [35]. The water temperature is ordinarily ambient and good for consumers who choose cool to warm water. This temperature is good for specific reasons since the high temperature of water adversely impact water quality by improving the growth of micro-organisms which may advance taste, odour, colour and corrosion problems [36].

Generally, this range of Soil pH values is well suited for the availability of most essential macronutrients. Some nutrients become 'tied up' in the soil at particular pH levels. Phosphorus, nitrogen, potassium and sulphur are expected to be present in the region. Alkaline soils, on the other hand, may lead to deficiencies in iron, manganese, boron, copper and zinc [37].

### 3.2 Characterization of Samples Based on PAHs

The results of PAHs in the water (Table 2) showed that the total concentration of PAHs (tPAHs) ranged from 0.027 ppb in RW<sub>4</sub> to 0.47 ppb in RW<sub>3</sub> while those in the sediment (Table 3) ranged from 0.22 ppb in RS<sub>1</sub> to 17.99 ppb in RS<sub>5</sub>.

The concentrations of PAHs studied at various points in River Benue were very low indicating small amounts of the pollutants in the river due to their lipophilic nature. This is in agreement with

the results of Teaf [38] and Fagbote and Olanipekun [28]. Emissions from a host of mechanisms including stormwater runoff, direct deposition, and surface runoff from roadways and discharges from boats contribute heavily to aquatic pollution.

The prevalence of 4-6 rings PAHs in an environment showed that they were likely to be formed by pyrolysis (i.e. anthropogenic combustion). Among the PAHs investigated for, fluoranthene (4-membered ring) was dominant in distribution in the sediment having been detected across all the six points along the river. It was, however, below detectable limit in water at all the points except at point RW<sub>4</sub>. This implies that the analyte is more strongly held in sediment than in water and would settle at the bottom of the river when it enters the river. Fluoranthene that was detected in all sediment samples also confirmed that the major source of PAHs in the river was anthropogenic. Fluoranthene is one of the high molecular weight PAHs that resist biodegradation and tend to accumulate in sediment [19]. The 2 or 3- membered ring PAHs that were not detected in most of the sediment samples suggested that the PAHs loading of the river might not be connected to the petrogenic source of PAHs but anthropogenic such as various activities involving the use of refined petroleum products. The sediment sample from point 5 was densely populated with PAHs compared to others indicating the higher introduction of PAH-containing substances into the river at that point.

2-methylnaphthalene being the only alkylated analyte in the present study is only detected in RS<sub>1</sub> out of the 12 water and sediment samples (Fig. 3). This corroborates Wilkes [39] that alkylated PAHs are more common than the parent compounds in petrogenic samples and less common than the parent compounds in pyrolytic samples. 2 or 3 rings PAHs are usually from petrogenic (i.e. production, transport and use of petroleum and its refined products) sources while 4-6 rings PAHs are from pyrolytic sources.

LMW/HMW indexes (low molecular weight PAHs (2-3rings)/high molecular weight PAHs (4-6 rings)) were calculated for all samples. The values of LMW/HMW < 1 indicate PAHs pollution of pyrolytic origin and vice-versa for petrogenic origin [40]. The results of this study showed that the LMW/HMW values for all the water samples were zero as most analytes were below detection limit as at the time of study. As shown in Table 3,

three out of the 6 sediment samples have LMW/HMW > 1, suggesting that there were some petrogenic PAHs in the river.

All PAHs concentrations obtained from water and sediment of River Benue were lower than the recommended limit. Concentrations of the studied PAHs (Tables 2 and 3) and their respective maximum allowable concentrations as presented in Table 4 are not statistically significant. This suggested that the river is safe

from health problems associated with studied PAHs. The linear regression analysis between mean concentrations and percentage organic carbon was carried out on sediment samples in this study, the results are presented in Fig. 4 and it showed no significant correlation ( $r^2 = 0.3522$ ). This indicated that the sites were specifically contaminated to different levels. It also suggested that pollution of sediment with PAHs in the zone was from various anthropogenic sources.

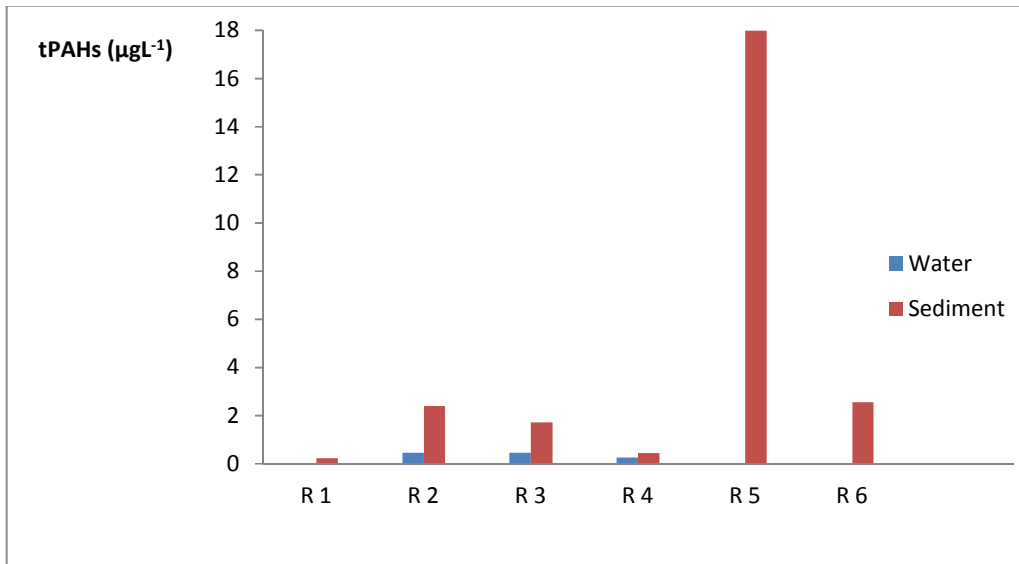


Fig. 3. Evolution of tPAHs in the water and sediment in sampling sites

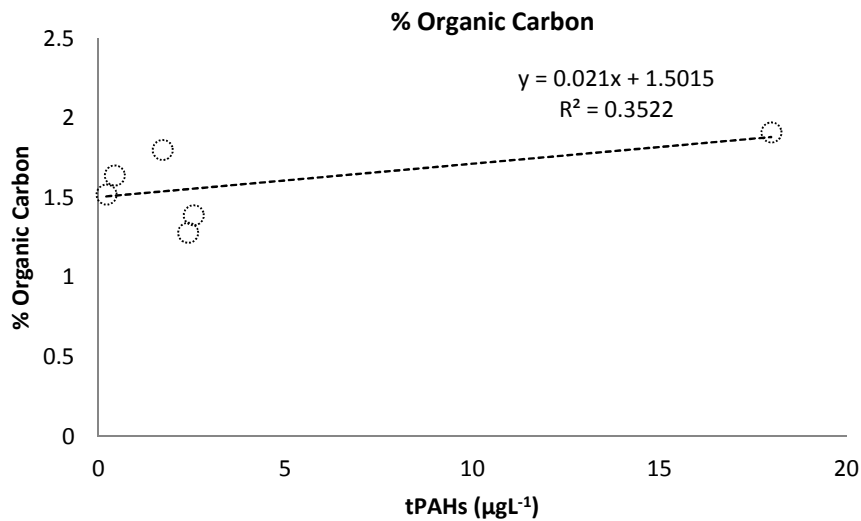


Fig. 4. Regression relationship between % organic carbon and pahs concentration in sediment samples

**Table 1. pH and temperature properties of River Benue water**

Parameter	RW <sub>1</sub>	RW <sub>2</sub>	RW <sub>3</sub>	RW <sub>4</sub>	RW <sub>5</sub>	RW <sub>6</sub>
pH	7.40 ± 0.17	7.63 ± 0.29	7.50 ± 0.20	7.43 ± 0.21	7.55 ± 0.49	7.53 ± 0.29
Temperature °C	24.33 ± 0.58	24.67 ± 0.58	24.67 ± 0.58	24.67 ± 0.58	24.00 ± 0.00	24.67 ± 0.58

*RW<sub>1</sub> – RW<sub>6</sub> means river water at points 1 – 6 respectively*

**Table 2. Concentration of PAHs studied in water samples**

Analyte	RW <sub>1</sub> (µgL <sup>-1</sup> )	RW <sub>2</sub> (µgL <sup>-1</sup> )	RW <sub>3</sub> (µgL <sup>-1</sup> )	RW <sub>4</sub> (µgL <sup>-1</sup> )	RW <sub>5</sub> (µgL <sup>-1</sup> )	RW <sub>6</sub> (µgL <sup>-1</sup> )	tPAH (µgL <sup>-1</sup> )
Naphthalene	BDL	0.61	0.47	BDL	BDL	BDL	1.08
2-methylnaphthalene	BDL	BDL	BDL	BDL	BDL	BDL	0.00
Acenaphthene	BDL	0.45	BDL	BDL	BDL	BDL	0.45
Fluoranthene	BDL	BDL	BDL	0.27	BDL	BDL	0.27
tPAHs	0	1.06	0.47	0.27	0	0	1.80
LMW/HMW	0	0	0	0	0	0	

*RW<sub>1</sub> – RW<sub>6</sub> means river water at points 1 – 6 respectively, LMW is low molecular weight PAHs, HMW is High molecular weight PAHs, BDL is below the detection limit.*

**Table 3. Concentration of PAHs studied in sediment samples**

Analyte	RS <sub>1</sub> (µgkg <sup>-1</sup> )	RS <sub>2</sub> (µgkg <sup>-1</sup> )	RS <sub>3</sub> (µgkg <sup>-1</sup> )	RS <sub>4</sub> (µgkg <sup>-1</sup> )	RS <sub>5</sub> (µgkg <sup>-1</sup> )	RS <sub>6</sub> (µgkg <sup>-1</sup> )	tPAH (µgkg <sup>-1</sup> )
Naphthalene	BDL	BDL	1.05	BDL	8.04	0.48	9.57
2-methylnaphthalene	BDL	BDL	BDL	BDL	7.49	BDL	7.49
Acenaphthene	BDL	BDL	0.42	BDL	1.38	1.13	2.93
Fluoranthene	0.22	2.40	0.25	0.44	1.08	1.00	6.86
tPAHs	0.22	2.40	1.72	0.44	17.99	2.55	26.85
% Organic Carbon	1.52±0.56	1.28±0.05	1.80±0.62	1.64±0.24	1.91±0.56	1.39±0.21	
LMW/HMW	0	0	6.00	0	15.66	1.55	

*RS<sub>1</sub> – RS<sub>6</sub> means river sediment at points 1 – 6 respectively, LMW is low molecular weight PAHs, HMW is High molecular weight PAHs, BDL is below the detection limit.*

**Table 4. Maximum allowable concentrations (macs) of pahs in soil and water**

Analyte	Water (PPB)	Sediment (PPB)
Naphthalene	3000	1000
2-methylnaphthalene	8	8
Acenaphthene	3000	3000
Fluoranthene	3000	3000

Source: [41]

#### 4. CONCLUSION

This study revealed that PAH concentrations obtained from water and sediment of River Benue were lower than the recommended limit. Therefore the study concluded that River Benue is free from immediate health problems associated with the analytes studied. PAHs were probably from anthropogenic sources, including pyrolysis based on the predominance of fluoranthene (containing 4 – 6 rings) in the investigated samples and the regression analysis (Fig. 4) carried out. Despite the fact that PAHs concentration is low, accumulation overtime may pose a health risk to both animals and humans. Therefore, it is recommended that these toxic substances are investigated in the environment from time to time.

#### COMPETING INTERESTS

Authors have declared that no competing interests exist.

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